

NPTEL Video Lecture Topic List - Created by LinuXpert Systems, Chennai

NPTEL Video Course - Multi Disciplinary - NOC:Adolescent Health and Well-Being : A Holistic Approach

Subject Co-ordinator - Dr. Sumana Samanta, Dr. Parmeshwar Satpathy

Co-ordinating Institute - IIT - Kharagpur

Sub-Titles - Available / Unavailable | MP3 Audio Lectures - Available / Unavailable

- Lecture 1 - Adolescent Health Statistics
- Lecture 2 - Introduction to Nutrition and Dietetics
- Lecture 3 - Role of Macronutrients
- Lecture 4 - Role of Micronutrients
- Lecture 5 - Basics of Adolescent Mental Health
- Lecture 6 - Physiological and Psychological changes during Adolescence
- Lecture 7 - Special Nutritional Requirements in Adolescents
- Lecture 8 - Malnutrition in Adolescents and their effects in Adult life
- Lecture 9 - Adolescent Immunization
- Lecture 10 - High risk behaviour in Adolescents
- Lecture 11 - Nutrition Care Process
- Lecture 12 - Dietary Counseling and Nutrition Planning
- Lecture 13 - Common Micronutrient Deficiency in Adolescents
- Lecture 14 - Eating Disorders in Adolescents
- Lecture 15 - National Initiatives related to Adolescents
- Lecture 16 - Behavior Modification for Weight Management
- Lecture 17 - Adolescents And Physical Activity
- Lecture 18 - Combating Special Situations
- Lecture 19 - Legislations for Adolescents
- Lecture 20 - Innovations for Holistic Well-being of Adolescents

Get DIGIMAT For High-Speed Video Streaming of NPTEL and Educational Video Courses in LAN

<http://www.digimat.in>