

**Basic Certificate in Palliative Care**  
**Dr. Geeta Joshi**  
**Dr. Piyush Gupta**  
**Dr. Col. Yashavant Joshi**  
**International Institute of Distance Learning**  
**Indian Institute of Technology, Kanpur**

**Week-12**  
**Lecture 01: Introductory Dialogue**

Hi, greetings from National Association of Palliative Care for AYUSH and Integrative Medicine. I am Dr. Piyush Gupta, Secretary and CEO of Cancer Aid Society and Secretary of National Association of Palliative Care for AYUSH and Integrative Medicine.

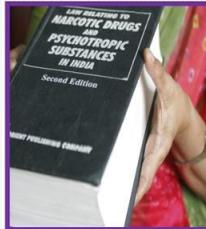
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And in this introductory dialogue, Dr. Geeta Joshi who is Director of International Institute of Distance Learning and President of Gujarat Chapter of NAPCAIM, she has prepared it jointly with me.

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## AVAILABILITY OF ENDS IN INDIA



**Dr GEETA JOSHI**

So, availability of essential narcotic drugs in India. So, we are all aware about Narcotic Drugs and Psychotropic Substances Act which is a draconian law and it restricts the availability of oral morphine and other essential narcotic drugs till it was amended in 2014.

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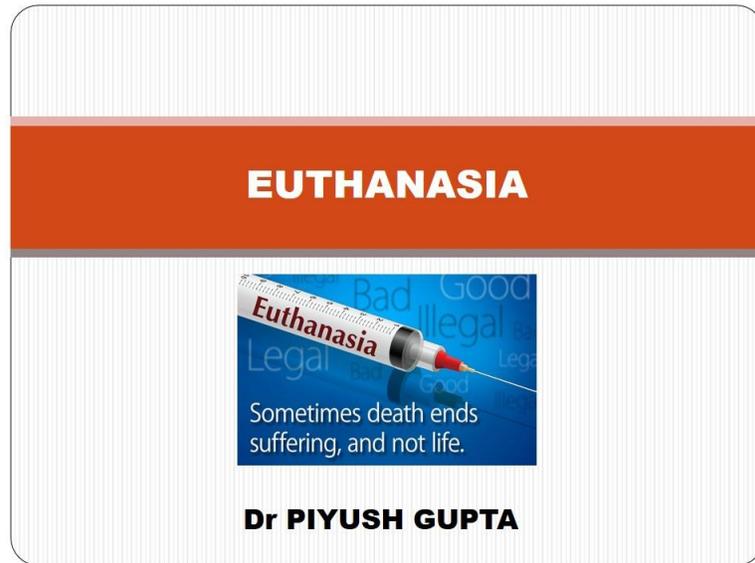
## AVAILABILITY OF ENDS & ADVOCACY



**Dr PIYUSH GUPTA**

So what is the role of health in sustainable development goals era? If you see goal number 3 is good health and well-being under SDGs 2030 and we have guidelines how to achieve the various goals and integrate them.

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Sometimes death ends suffering and not life. So euthanasia becomes important in case if a patient is having severe discomfort so he may ask to die early but it may not be legal in all the countries.

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## ADVANCE DIRECTIVE



**Dr PIYUSH GUPTA**

Advance directives are there which are known as living will and it will help the patient to take decisions when he is unconscious so that whether he should be giving ventilator support or other aggressive treatment when he is dying or not. So, he can give power of autonomy to others to take decisions when he is unconscious.

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## HISTORY OF OPIUM PART: I



**Dr YASHAVANT JOSHI**

## **HISTORY OF OPIUM PART: II**



**Dr YASHAVANT JOSHI**

So, we are covering history of opium part-1 which was prepared by Dr. Yashwant Joshi and history of opium again part-2 would be there prepared by Dr. Yashwant Joshi.

So these are the various sessions which we are going to cover in this session. Thank you.