

## NPTEL Video Lecture Topic List - Created by LinuXpert Systems, Chennai

NPTEL Video Course - Humanities and Social Sciences - NOC:Countering Stage Fright

Subject Co-ordinator - Prof. Smita Jha

Co-ordinating Institute - IIT - Roorkee

Sub-Titles - Available / Unavailable | MP3 Audio Lectures - Available / Unavailable

- Lecture 1 - Introduction to the Course - I
- Lecture 2 - Introduction to the Course - II
- Lecture 3 - Definition with Symptoms - I
- Lecture 4 - Definition with Symptoms - II
- Lecture 5 - Is Stage Fright Common ? - I
- Lecture 6 - Is Stage Fright Common ? - II
- Lecture 7 - When and Where Does Performance Anxiety Happen ? - I
- Lecture 8 - When and Where Does Performance Anxiety Happen ? - II
- Lecture 9 - Symptoms of Performance Anxiety - I
- Lecture 10 - Symptoms of Performance Anxiety - II
- Lecture 11 - Causes of Stage Fright - I
- Lecture 12 - Causes of Stage Fright - II
- Lecture 13 - Types of Stage Fright - I
- Lecture 14 - Types of Stage Fright - II
- Lecture 15 - Can Stage Fright be Cured ? - I
- Lecture 16 - Can Stage Fright be Cured ? - II
- Lecture 17 - Systematic Desensitization as Countering Stage Fright - I
- Lecture 18 - Systematic Desensitization as Countering Stage Fright - II
- Lecture 19 - Systematic Desensitization as Countering Stage Fright - III
- Lecture 20 - Systematic Desensitization as Countering Stage Fright - IV

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