

NPTEL Video Lecture Topic List - Created by LinuXpert Systems, Chennai

NPTEL Video Course - Humanities and Social Sciences - NOC:Sustainable Happiness

Subject Co-ordinator - Prof. Atasi Mohanty

Co-ordinating Institute - IIT - Kharagpur

Sub-Titles - Available / Unavailable | MP3 Audio Lectures - Available / Unavailable

- Lecture 1 - Introduction
- Lecture 2 - Sustainability and Happiness
- Lecture 3 - Sustainability and Wellbeing
- Lecture 4 - Sustainable Happiness Theory
- Lecture 5 - Sustainable Happiness Process
- Lecture 6 - Introduction
- Lecture 7 - Positive Education
- Lecture 8 - Predictors of Happiness
- Lecture 9 - Contemplative Learning
- Lecture 10 - ESD and Sustainable Learning
- Lecture 11 - Introduction - Sustainable Happiness at Workplace
- Lecture 12 - Work Culture
- Lecture 13 - Work Culture and Emotional Intelligence at Work
- Lecture 14 - Emotional Intelligence at Work (Continued...)
- Lecture 15 - Sustainable Competences
- Lecture 16 - Definition Sustainable Organisations
- Lecture 17 - Corporate Sustainability
- Lecture 18 - Sustainability policies and practices
- Lecture 19 - Role of Technology in Sustainability
- Lecture 20 - Building Resilient Organizations
- Lecture 21 - Need for Sustainable Leadership
- Lecture 22 - Competencies of Sustainable Leaders
- Lecture 23 - Sustainable Lifestyle, Work-life balance and Wellbeing practices
- Lecture 24 - Transforming Self and Other
- Lecture 25 - Transforming Self and other (Continued...)
- Lecture 26 - Positive Character Strengths
- Lecture 27 - Positive and Creative Organizations
- Lecture 28 - Nurturing Talent and Career Growth
- Lecture 29 - Nudging

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- Lecture 30 - Habits of Mind and Life Skills
- Lecture 31 - Introduction to Sustainable Wellbeing
- Lecture 32 - Good Health and Wellbeing
- Lecture 33 - Sustainable Learning and Education
- Lecture 34 - Green Creativity and Responsible Innovation
- Lecture 35 - Consumers' Sustainability Demands and Trends
- Lecture 36 - Education for Sustainable Development
- Lecture 37 - ESD for Social Transformation
- Lecture 38 - ESG for Value Creation
- Lecture 39 - ESG for Sustainable Wellbeing
- Lecture 40 - ESG and Inner Development Goals